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Workshop Template Ecogreen: Planning the Workshop Future Frequencies

Theme and Method:

- What is the exact topic of your workshop
 - Finding new ideas and solutions for sustainability and our environment, increasing awareness about sustainability.
- What should be its title? Make people interested
 - Future Frequencies
- What method(s) will you use to convey your message(s)?
 - Guided workshop with different infomaterials and groupwork and discussion.

Relevance & Need

- What is the reason for organizing the workshop?
 - Raising awareness and understanding of sustainability issues: Workshops can help to educate people about the importance of sustainable practices and the challenges that we face in achieving sustainability. This can lead to increased public support for sustainable initiatives.
 - Sharing best practices and case studies: Workshops can provide a platform for experts and practitioners to share their knowledge and experiences in sustainable

development. This can help to identify and replicate successful models and to inform decision-making.

- Fostering collaboration and networking: Workshops can bring together people from different sectors and backgrounds who are working on sustainability issues. This can lead to the development of new partnerships and collaborations, and to the exchange of ideas and resources.
 - Promoting action and innovation: Workshops can provide a forum for participants to discuss and develop action plans to address sustainability challenges. This can lead to the implementation of innovative solutions that can help to create a more sustainable future.
- What need does the workshop meet?

A workshop on sustainable economy and ecology can meet several important needs:

- Raising awareness and understanding: The workshop can educate participants about the importance of sustainable practices and the challenges we face in achieving sustainability. This can help to increase public support for sustainable initiatives and encourage individuals to adopt more sustainable behaviors in their daily lives.
- Sharing knowledge and expertise: This gathering of diverse perspectives can foster knowledge sharing and collaboration, leading to the development of innovative solutions to sustainability challenges.



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- A workshop on sustainable economy and ecology can address a wide range of needs, from raising awareness and promoting collaboration to empowering individuals and informing decision-making. These workshops play a role in facilitating the transition towards a more sustainable and environmentally responsible society.

- What changes do you want the workshop to spark?

A workshop on sustainable economy and ecology has the potential to spark a wide range of positive changes, including:

Individual Changes:

- Increased awareness of sustainability issues and their personal impact
- Adoption of more sustainable practices in everyday life, such as reducing waste, conserving water, and using renewable energy
- Participation in local initiatives and campaigns for sustainable development

Community Changes:

- Adoption of greener policies and practices by businesses and organizations
- Increased investment in energy efficiency and renewable energy

- Development of sustainable infrastructure and transportation systems
- Creation of more environmentally friendly parks and green spaces

Goal

- What are the goals of your workshop?
 - To educate and empower individuals, communities, and organizations to adopt sustainable practices and contribute to a more sustainable future.
- What are the most important goals in terms of learning outcomes?
 - To equip participants with the knowledge, skills, and mindset to become effective advocates and practitioners of sustainability.

- What goal will you write in the invitation?

- Workshop Invitation for Young Students:

- Unleash your eco-potential!

Come join us for a fun and engaging workshop where you'll learn how to live more sustainably and make a difference for our planet.

- Workshop Invitation for Adults: Become a sustainability champion! Empower yourself with knowledge and skills to take action for a greener future.



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Audience:

- Who are the participants of your workshop?
 - VET students (both young and adult students)
- Who do you want to be aware of the workshop you will organize?
 - Colleagues, participants
- Who else is interested in it? Consider what kind of mix of participants would bring many different perspectives to the table
 - People in local environmental organizations

Practicalities:

- Date, time and the duration of the workshop?
 - During a school day, duration 2 hours
- Sending out the invitations? How will the participants sign up?
 - Teacher plans the workshop for the group
- Choices of technology: Zoom, Teams, Miro, Mural, etc.?
 - Teams or classroom

Use of Results and Impact:

- Will the material produced during the workshop be used in some way, or is the emphasis on discussion and learning?
 - Emphasis is on the discussion and learning
- Is the workshop part of a broader process?
 - Local process
- What would be the best possible thing to happen after the workshop?

The best possible thing to happen after a workshop on sustainable economy and ecology would be for participants to take action and apply the knowledge and skills they gained to make a positive impact on their personal lives, communities. This could include:

- Implementing sustainable practices in their daily lives, such as reducing waste, conserving water, and using renewable energy.
- Making informed choices about products and services that are environmentally friendly and socially responsible.
- Supporting businesses and organizations that are committed to sustainability.
- Getting involved in local sustainability initiatives and campaigns.

See also: <https://www.sitra.fi/en/projects/futures-frequency/#>



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Workshop Template Ecogreen: Conducting the Workshop

Presenter's Tasks	Necessary Material	Structure-Heading/Activity	Intention/Intended Learning Outcomes	Content	Time in Min + (Overall Time)
preparing	https://www.sitra.fi/en/projects/futures-frequency/#	Read the Facilitators Handbook: https://www.sitra.fi/en/publications/futures-frequency-workshop-facilitators-handbook/	Knowledge how to guide the workshop through	Instructions for the Facilitator (teacher)	20 min (30 min)
Introduction	Given and prechosen material: https://www.sitra.fi/en/projects/futures-frequency/#	Giving background information, showing videos etc., and giving instructions for the students-	Increasing awareness		30 min
Discussion	Make time and space for the discussion on class or Teams in small groups	discussion	solutions for asked questions		1 hour
Conclusions		Gathering groups together to tell about the ideas and visions they made together.	Developing the thinking skills and group working skills.		30 min